

# Canteen and Healthy Food Service

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## 1.0 Rationale

- A whole school approach to building a school culture in which students actively choose nutritious foods and a healthy lifestyle is encouraged with parents, teachers and students working together to support this policy.
- The provision of an efficient and effective canteen service at the school provides opportunities to reinforce healthy eating practices, and provides a service for parents wishing to purchase lunches for their children.

## 2.0 Goals

To provide a healthy school food service that:

- Makes it easy for students to choose healthy snacks and meals
- Offers a variety of nutritious food and snacks
- Promotes food that is consistent with current best knowledge in the provision of nutritious food for students
- Allows for consistent and continual health education
- Complements the diverse elements of the school curriculum
- Involves students and parents/carers

## 3.0 Implementation

- The School Canteen service is outsourced to external providers. The selection of the operating entity providing this service is by tender process.
- The School Canteen service will operate 5 days a week, or by agreement with the external provider.
- Special Food Days will be run twice per term by the Parents Committee who are accountable to School Council. The Parents Committee will nominate a volunteer parent who will be competent in Food Safety and will be on duty at all times during the preparation and service of food on these days. The nominee will ensure that all health regulations and food preparation requirements are complied with, in particular the Food Safety Program for Cheltenham East Primary School – Class 2, Community Group temporary and mobile food premises. The school will also register all Special Food Days on Streatrader to comply with Local Council regulations.
- All volunteers assisting on Special Food Days will be required to fully understand the Food Safety procedures and have a Working with Children Check.
- All funds raised through the running of Special Food Days will be spent in line with school priorities.
- The Victorian Curriculum is used as a basis for curriculum planning and classroom activities to support a healthy lifestyle.
- All students are encouraged to become involved in food-related activities, eg. planning and cooking healthy food and snacks. The growing of seasonal fruits and vegetables in the school gardens is encouraged, using these fresh foods as the basis for cooking activities.
- From 2018, the healthy foods message will be maintained consistently in all parts of the school operation, including fundraising activities involving food products. Treats

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such as sweets or chocolate will not be used as rewards for good effort in the classroom.

- From 2018, cakes and sweets are not to be brought into the classroom to celebrate special occasions such as birthdays. Other avenues to provide recognition for birthdays or a job well done will be utilised.
- There will be continual encouragement of physical activity through formal classes and incidental exercise in the playground.

## 4.0 Resources

- Food Safety Program for Cheltenham East Primary School – Class 2, Community Group temporary and mobile food premises
- Streatrader: <https://streatrader.health.vic.gov.au/>
- School Policy Advisory Guide, Canteen Operations: <http://www.education.vic.gov.au/school/principals/spag/finance/Pages/canteen.aspx>
- School Policy Advisory Guide, Health Education Approaches: <http://www.education.vic.gov.au/school/principals/spag/curriculum/Pages/health.aspx>
- DET Healthy Canteen Kit: <http://www.education.vic.gov.au/Documents/school/principals/management/gfypolicy.pdf>
- Food Safety Victoria: <https://www2.health.vic.gov.au/public-health/food-safety>

## 5.0 Evaluation

This policy will be reviewed as part of the three year review cycle, or as required.

## 6.0 End of Document