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Health & Physical Education - (Outdoor Education)

1.0 Rationale

An outdoor education program provides the students at Cheltenham East Primary School with the goal of creating and maintaining healthy, positive, sustainable relationships between people and the natural environment.

2.0 Goals

The Outdoor Education Program will foster in children:

- a sense of appreciation for an enjoyment of the natural environment
- a willingness to learn about and conserve the environment
- the confidence and responsibility to co-operate as worthwhile team members
- a sense of achievement in their own independence
- an awareness of basic safe behaviours in natural environments

3.0 Implementation

- To be integrated with the Health and Physical Education curriculum
- Camps to be held annually for Years 4 6
- Bike Education to be introduced at Year 4
- Marine Ambassadors to be offered to Year 5 students

4.0 Resources

- Victorian Curriculum & Assessment Authority (VCAA)
- Australian Council for Health & Physical Educational Research (ACHPER)
- Fundamental Motor Skills Program (FMSP)
- Various teacher reference material

5.0 Evaluation

- Students evaluating activities
- Anecdotal evidence, notes and comments by teachers regarding class and individual student performance will be recorded
- Assessment will focus on the standards set out in the Victorian Curriculum.
- Assessment of progress through the Fundamental Motor Skills Program will be used through the use of checklists adopted from the program.
- Teachers will participate in appropriate professional development aligned to school and individual Professional Development Plans.
- Convenor to review program each year and make recommendations

6.0 End of Document