

# CHELTENHAM EAST PRIMARY SCHOOL

Website: <a href="http://www.cheltenhameast.vic.edu.au">http://www.cheltenhameast.vic.edu.au</a>
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Silver Street Cheltenham 3192

Principal: Mr Wayne Bach

Assistant Principal: Mrs Leisel Ward Phone: 03 9583 5746

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#### SCHOOL CONTACT INFORMATION:

Sentral parent portal: <a href="http://sentral.cheltenhameast.vic.edu.au/portal">http://sentral.cheltenhameast.vic.edu.au/portal</a>
Flexibuzz App, email <a href="mailto:cheltenham.east.ps@edumail.vic.gov.au">cheltenham.east.ps@edumail.vic.gov.au</a>

Please contact your teacher each day your child is sick and cannot participate in online learning, giving child's name, grade, reason & date of absence

#### FROM THE PRINCIPAL

### **Welcome Back On Line**

I would like to welcome all families back on line to the start of Term 2. I hope you made the best of a hard situation during the holidays and at least got to spend some quality family time together. There is only so much chocolate we can eat so it was good to go walking and bike riding to exercise. It is obviously a completely different look for everyone this term. At this stage remote learning looks like happening for the whole of Term 2. This means a very different learning environment being undertaken by teachers, children and parents. I have included some helpful tips and resources for parents to use while remote learning is happening. If you have issues please contact your classroom teachers who have been working extremely hard to ensure the children can continue with their studies. We are all learning during this period of uncertainty so please be patient with requests or answers from the school. Many of the new information coming from initiatives and Department and the Government can be occasionally overwhelming so please take the time to read the information being sent to you and be informed as much as you can about what is happening in terms of education in particular. Please make sure you are also connected through Class Dojo and also Google Classroom with your children's teachers. It is extremely important for your children's education and skill development that they continue to connect to Google Classroom. Our ICT technician is only at school on Thursdays so he will do his best to help with any technical issues. I hope that everyone maintains the social distancing protocols and stays as happy as can be in this situation.



Mr Bach taking the first assembly this term while maintaining social distancing! He had a lot of crowd control problems.

### LEARNING FROM HOME: INFORMATION FOR PARENTS AND CARERS

This information provides advice, tips and resources to help you support your child's continuity of learning from home.

To increase physical distancing across the population and prevent the transmission of coronavirus (COVID-19), children in government schools will move to remote and flexible learning and care at the commencement of Term 2.

This means that from the start of Term 2 most children will be learning from home.

For more information on coronavirus (COVID-19), visit the <u>Victorian Government website</u>

### **About learning from home**

When you start to think about helping your child to learn from home, remember that no one expects you to be a subject matter expert or teacher. The most important thing you can do is to continue to provide comfort, support and encouragement to your child.

You can help your child to learn from home by working with their school and supporting your child as they undertake the activities provided.

### HOW THE SCHOOL WILL SUPPORT YOUR CHILD

Your child's school will:

- communicate with you and your child about teacher responsibilities and what you and your child need to do
- communicate with you and provide learning activities for your child to do at home
- use their normal communication tools such as their website, newsletters, emails and other online tools
- provide technical support with devices, as needed.

### ACCESS TO COMPUTER DEVICES AND INTERNET

Your child's schools will contact you in the first week of Term 2 to determine if your child needs access to the internet, or if they need to borrow a laptop or tablet. This will include children from disadvantaged and vulnerable backgrounds, and those who attend schools in bushfire-affected areas – these children will be given priority.

The Department has partnered with Telstra to provide 1000 4G dongle devices with 4G internet access, and 4000 SIM cards that provide 4G internet access, for families who do not have access to the internet at home. These will be free of charge, and will be provided for the next six months.

### How you can support your child

You can support your child by:

- having a routine and setting expectations
- making sure your child has a space to work in
- providing a level of supervision suitable to your child's stage of development
- monitoring communications from teachers
- checking in with your child often to help them manage and pace their work
- monitoring how much time your child is spending online.

### YOUR CHILD'S RESPONSIBILITIES DURING REMOTE LEARNING

You should change these responsibilities according to the age and stage of your child.

Your child's responsibilities include:

- regularly monitor digital platforms for announcements and feedback from their teachers
- do their best work by completing tasks with integrity and academic honesty
- do their best to meet timelines and due dates
- communicate openly with their teachers and tell them if they have any concerns or issues
- collaborate and support their classmates
- continue to abide by their school's behaviour guidelines.

### SETTING UP A LEARNING ENVIRONMENT

Every home is different but it's important to provide a quiet and comfortable space in which to learn.

Where possible, extended learning should take place in a space your family shares. For example, a lounge room or dining room. These spaces are preferable over a bedroom, where your child can feel isolated and supervision can be more challenging. It should be a place:

- that can be quiet at times
- that has a strong internet signal, if possible
- where you or another adult is present as you would normally when your child is online, dependent on age

### ESTABLISHING ROUTINES AND EXPECTATIONS

Start and end each day with a check-in to help your child:

- clarify and understand the instructions they get from their teachers
- help them organise themselves and set priorities for their learning at home.

A healthy daily routine is great for mental and physical health, as well as concentration and learning.

Encourage regular exercise breaks. This might mean going for a walk, using exercise DVDs and apps, dancing, floor exercises or using home exercise equipment.

Encourage healthy eating habits and make sure they drink enough water.

### Communicating with your child

We encourage you to start and finish each day with a simple check-in. These check-ins can be a regular part of each day.

#### **Morning check ins**

In the morning, ask:

- What are you learning today?
- What are your learning targets or goals?
- How will you be spending your time?
- What resources do you need?
- What support do you need?

#### Afternoon check-ins

In the afternoon, ask:

- What did you learn today?
- What was challenging? You could come up with a way to deal with the same problem if it comes up again.
- Consider three things that went well today.
   Why were they good?
- Are you ok? Do you need to ask your teacher for something? Do you need help with something to make tomorrow more successful?

These questions allow your child to:

- process the instructions they get from their teachers
- help them organise themselves and set priorities.

You could also check-in with your child throughout the day. This depends on your child's needs.

### ADVICE FOR PARENTS OF CHILDREN WITH ADDITIONAL NEEDS

- How you can support your child with additional needs at home – this resource helps you support your child's learning at home.
- Understanding learning difficulties for parents: a practical guide – this guide provides you with practical advice about learning difficulties. This includes the evidence base supporting particular intervention programs and a recommended apps list for children with learning difficulties.

### GET PARENTS INVOLVED WITH LITERACY

Get parents involved with literacy includes programs and supports, including the 'Literacy and numeracy tips to help your child' booklet. This booklet gives advice to parents with children from birth to year 6 about supporting their child's literary and numeracy learning.

You can also find ideas to <u>support the development</u> <u>of early literacy skills</u> including speaking listening, reading and writing for children aged from birth through to the early years of school.

#### PREMIERS' READING CHALLENGE

The <u>2020 Premiers' Reading Challenge</u> is now open and provides a great incentive to spend more time reading.

Ask your child's teacher if their school or early childhood service is taking part in the 2020 Challenge.

Participating schools will register your child and give you a username and password.

Participating early childhood services will register your child, and all you need to do is start reading with your child every day.

If your child's school or early childhood service is not taking part, your child can still take part. Visit:

- registering school students as homebased readers
- registering young children (birth to 5 years old) as home based readers

More information on how to take part in the Challenge is available at: School student and parents: taking part in the Challenge

### MATHEMATICS AND NUMERACY AT HOME

<u>Mathematics and numeracy at home</u> provides links to a range of advice and resources for families.

To support the development of numeracy skills for children aged from birth to the early years of school visit: How to build numeracy skills from birth to year 2.

### SCIENCE, TECHNOLOGY, ENGINEERING AND MATHS (STEM)

Find ways to engage children in <u>science</u>, <u>technology</u>, <u>engineering</u> and maths (STEM) experiences.

Visit the <u>Fun at home</u> webpage for more parentfocused resources.

### **Postponed or Cancelled**

A reminder that NAPLAN has been cancelled for 2020.

All camps are postponed or cancelled for this year. Any upcoming excursions and incursions are also cancelled for this term.

#### **Crossing Supervisors**

Due to the Corona Virus outbreak and the children being asked to work from home the crossing supervisors have been asked to stay at home. They will resume their duties when cleared to do so. Henry sent me an e-mail saying that he is fit and healthy at the moment and wishes everyone all the best.

### **School Values**

The children should continue to work on our school values in the upcoming months even though they are at home.

This is a great time to reinforce our school values of RESPECT, RESPONSIBILITY, COURTESY and CO-OPERATION with all children particularly while they are online. Filling someone's bucket of kindness in their family should be a priority for all children and adults. Helping others is to be encouraged by everyone and can be done in a variety of ways. The children can continue to role model while living at home.

### **Thought for the Week**



WAYNE BACH Principal

#### **CBA STUDENT BANKING**

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### Message from Commonwealth Bank

The health, safety and wellbeing of our communities and our people remains our highest priority. Due to the ongoing uncertainty surrounding coronavirus, the School Banking program will remain on hold. We will continue to monitor the situation and keep you informed with any updates including how we will be managing Dollarmite tokens for students.

In the meantime, here are some handy online resources for parents who wish to maintain momentum with their child's financial education:

- <u>Start Smart</u>: these resources have been created to improve children's money management skills, and is aligned to the Australian Curriculum and the National Consumer Financial Literacy Framework. <a href="https://www.startsmart.com.au/teacher-resources/primary-resources">https://www.startsmart.com.au/teacher-resources/primary-resources</a>
- The Beanstalk: offers videos and fun activities for children to learn about money.
   <a href="https://www.commbank.com.au/personal/ca">https://www.commbank.com.au/personal/ca</a>
   <a href="ht



### We're here for you, as you're here for us.

Welcome back to everyone after a well-deserved term break. Whether you're learning from home, or here at school, we look forward to a new and improved Term 2. We thank you for all your continued support and patience through these challenging times.

We understand Outside School Hours Care is vital for many parents that are not able to work from home, so that you can continue to provide essential work for the nation. Our OSHC service is open and operating for those that need our care, and will provide your children with much-needed familiarity and continuity through our engaging programs that have an increased focus on hygiene and social distancing. We offer a safe environment at your school for children to get active, try new things, connect with friends and relax.

As per the recent State Government advice, from the start of Term 2 all students who can learn from home must learn at home. This means our service is open to all children of parents who cannot work from home, vulnerable children, or children that are not able to be supervised at home on certain days and no other arrangements can be made. For these families, childcare will be provided free of charge until 30th June as per the Federal Government's announcement on the 2nd April.

Whilst care is free, we still need to know if you are coming. We ask that you get your bookings in as soon as you can, so that we can staff and resource the service appropriately, to best care for your children.







It's FREE to Register. (and if you want to use OSHC, you first need to register). Register at **pp.campaustralia.com.au/account/login**. Once registered, it's easy to make and manage your bookings online via our Parent Portal.

#### Visit our blog for helpful information and fun activities.

New articles are added each week for parents and cover various topics to help families. This month we are focusing on all things COVID-19. We talk about how to adjust to the changes you've made in your household, including fun activity ideas to entertain your child at home. Visit the blog here: https://campaustralia.com.au/blog

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