



CHELTENHAM EAST PRIMARY SCHOOL

Website: <http://www.cheltenhameast.vic.edu.au>

Email: cheltenham.east.ps@education.vic.gov.au

Silver Street
Cheltenham 3192

Principal: Mr Wayne Bach
Assistant Principal: Mrs Leisel Ward

Phone: 03 9583 5746

Weekly Newsletter No: 22

Friday July 23, 2021

SCHOOL ABSENCE CONTACT INFORMATION:

Central parent portal: <http://sentral.cheltenhameast.vic.edu.au/portal> (preferred)

Please use the portal for each day of absence with child's name, grade, reason and date of absence (you can also enter future absences for more than one day)

DIARY DATES:

Fri August 6th

-

Pupil Free Day

Wed August 18th

-

School Council Meeting

Fri September 17th

-

Last day of Term 3 – early dismissal 2.30pm

Child safety is everyone's responsibility. Cheltenham East Primary School has zero tolerance for any form of child abuse.

FROM THE PRINCIPAL

Acknowledgement

I would like to acknowledge the traditional custodians of this land on which we are gathered and pay our respects to the elders both past and present of the Kulin nation and extend that respect to other indigenous Australians present.

Our School Vision

"Cheltenham East students are empowered learners who are flexible thinkers with the skills and knowledge to respond critically to their world."

Lockdown

The Victorian Government announced on Tuesday that the current restrictions for Victoria will remain in place until 11.59pm on Tuesday 27 July.

All students will continue to learn from home, except for students in the following categories:

Children where both parents and/or carers are considered authorised workers who cannot work from home, work for an essential provider and where no other supervision arrangements can be made:

- Where there are two parents/carers, both must be authorised workers, working outside the home in order for their children to be eligible for on-site provision.
- For single parents/carers, the authorised worker must be working outside the home in order for their children to be eligible for on-site provision.

Children experiencing vulnerability, including:

- in out-of-home care
- deemed vulnerable by a government agency, funded family or family violence service, and assessed as requiring education and care outside the family home
- identified by a school or early childhood service as vulnerable, (including via referral from a government agency, or funded family or family violence service, homeless or youth justice service or mental health or other health service)
- Where a parent/carer indicates that a student with a disability is vulnerable because they cannot learn from home, and/or informs the school the student is vulnerable due to family stress, the school must provide on-site supervision for that student.

COURTESY RESPECT CO-OPERATION RESPONSIBILITY

This may apply to students enrolled in specialist schools and students with a disability enrolled in mainstream schools.

Wellbeing check-ins — in addition to recording student attendance, schools must have in place processes and procedures to ensure that student wellbeing check-ins take place each day, on a group and/or individual basis. It is critical that schools use every resource available to connect with those students at risk of disengagement.

Learning programs — learning programs must be in place that ensure a learning program consistent with the guidelines below is delivered during this period to enable continued student learning growth. It is imperative that information about the planned and structured program is communicated to parents/carers.

The following are the daily minimum guidelines schools are expected to meet for students in Prep to Year 10:

For students in Foundation to Year 2, schools should provide daily learning programs that include the following as a minimum:

- literacy activities that take a total of about 45-60 minutes
- numeracy activities of about 30-45 minutes
- additional learning areas, play-based learning and physical activity of about 30-45 minutes.

For students in Year's 3 to 6 and Years 7 to 10, schools should provide daily learning programs that include the following as a minimum:

- literacy: 45-60 minutes
- numeracy: 30-45 minutes
- physical activities: 30 minutes
- additional curriculum areas: 90 minutes.

Once again thank you to our wonderful staff who ensure programs continue across the school. Our on-site staff including the school tutors and teachers aides as well as teacher volunteers do an amazing job of working with the children on site. The office staff continue to come in and ensure the school runs smoothly and our classroom teachers continue to spend many hours putting together videos and activities based on the Victorian curriculum so the children's learning remains on track. Thank you also to our amazing parents who make sure their children are completing work at home and connecting with the teachers. Louise and Jakob, our two pre service teachers, have also been fantastic with their help of our on site learners.

Finally well done to our Foundation and Year level teachers for getting Classroom Meets up and running for the children. Let's hope this lockdown finishes next Tuesday!

Parent Thankyou

A huge thank you to Cam Donaldson who volunteered his valuable time to come into school and mount nine flatscreen televisions on the classroom walls for the teachers. The teachers can now use the televisions to interact with their laptops and support the teaching programs as well as access valuable learning tools for the children.

Crossing Supervisors

Due to the State Government announcing the extended lockdown, Council has suspended all school crossings effective immediately until the morning of the 28th of July 2021. They apologise if this causes any inconvenience. Council has taken into consideration the only children attending schools in this period, would be the children of essential workers who should be getting dropped at the school grounds by their parents/care giver.

At this stage Council will reopen crossings on Wednesday the 28th of July unless advised otherwise by the State Government.

Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines* (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools

- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy \(https://www.education.gov.au/privacy-policy\)](https://www.education.gov.au/privacy-policy). Further information about the NCCD can be found on the [NCCD Portal \(https://www.nccd.edu.au\)](https://www.nccd.edu.au).

If you have any questions about the NCCD, please contact the school.

Check in with your child

We encourage you to start and finish each day with a simple check-in. These check-ins can be a regular part of each day.

Morning check-ins:

In the morning, ask:

- What are you learning today?
- What are your learning targets or goals?
- How will you be spending your time?
- What resources do you need?
- What support do you need?

Afternoon check-ins:

In the afternoon, ask:

- What did you learn today?
- What was challenging? You could come up with a way to deal with the same problem if it comes up again.
- Consider three things that went well today. Why were they good?
- Are you ok? Do you need to ask your teacher for something? Do you need help with something to make tomorrow more successful?

These questions allow your child to:

- process the instructions they get from their teachers
- help them organise themselves and set priorities.

School Values

This is a great time to reinforce our school values of **RESPECT, RESPONSIBILITY, COURTESY and CO-OPERATION** with all children particularly while they are online. Filling someone's bucket of kindness in their family should be a priority for all children and adults. Helping others is to be encouraged by everyone and can be done in a variety of ways. The children can continue to role model while learning from home.

ICT Equipment

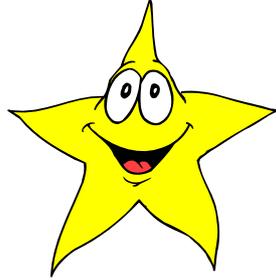
If families borrow computer laptops or iPads from the school, please look after them as we want them returned in the same condition as when they left. The children have to sign an agreement before they take the device home with them.

Thought For the Week



Wayne Bach
Principal

CEPS KIDS ARE FRIENDLY KIDS



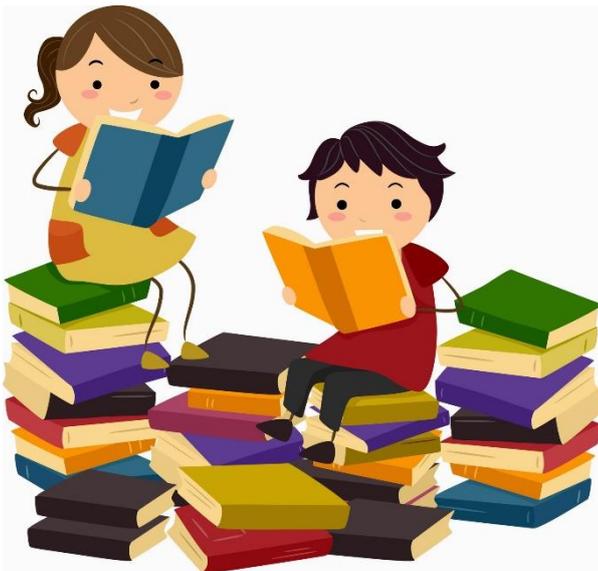
This term we are working on **CO-OPERATION**
and next week we are looking at

Being Assertive

Standing up for yourself – some simple tips to remember:

- ❖ Tell the person to stop annoying you or firmly ignore their behaviour and walk away from them.
- ❖ Speak in a firm, not angry voice.
- ❖ Stand tall.
- ❖ Look in their eyes.
- ❖ Stay in control of yourself.

BOOK CLUB IS BACK!



Catalogues have been sent home for orders in Issue 5. Orders need to be submitted via Loop by 3pm Monday 26th July.

Please note. There was a misprint on the catalogue that says it is from 2020, rest assured these are the current 2021 catalogues.

Happy Reading!

PLEASE NOTE CHANGE OF DATE

PARENTS COMMITTEE SPECIAL FOOD DAY



THE WEATHER'S GETTING COLDER SO IT'S TIME TO WARM
YOUR TUMMY WITH SOMETHING YUMMY!

ON 9th AUGUST (new date) WE WILL BE PROVIDING A CHOICE
OF THE FOLLOWING FOR YOUR LUNCH:

Option one at \$5

- Homemade Lasagne

Option two at \$4

- Hot dog

Option three at \$2.50

- Cheese Toastie
- Ham & Cheese Toastie

Orders to be in by 5th August, easily done through
QKR!

**Any other dietary requirements or enquiries please email Jodie Marsh –
jodienmarsh@gmail.com before the 5th August 2021.*

AUTHOR TALK

MOVING KIDS FROM ANXIETY TO RESILIENCE

WITH
DR JODI RICHARDSON

.....
WEDNESDAY 11 AUGUST
7-8PM

.....
Cheltenham Library
12 Stanley Ave, Cheltenham

.....
This talk aims to empower parents and educators with practical tips to maximise children's wellbeing and help them overcome anxiety.



Bookings required.

Phone 1300 135 668
Online kingston.vic.gov.au/library
In person at any Library branch

The presentation will also be streamed live for those who cannot attend in person.



Anxious Kids

How children can turn their anxiety into resilience

Bestselling parenting author
Michael Grose
& **Dr Jodi Richardson**

Parent information session: Teens and Risk-Taking Behaviour



Help your teenagers stay safe and support them navigate challenges in an ever-changing environment.

Join Bayside City Council's Youth Services, Victoria Police, Taskforce and Adolescent Psychologist, Dr. Michael Carr-Gregg for a parent information session about young people and risk-taking behaviour.

The session will give you the knowledge and strategies to help you understand the challenges that may be experienced by your teenagers and how to have those important conversations.

On Wednesday 4 August 2021 at 7:00 PM to 8:30 PM

LOCATION

The link to the online event to be provided by the event organiser

[BOOK NOW](#)



We're here to provide support for your mental wellbeing.

Struggling to cope during the pandemic?
Our trained counsellors are available 24/7.
Give them a call on **1800 512 348**



coronavirus.beyondblue.org.au 1800 512 348



NUMBERS TO CALL IF YOU NEED SUPPORT

Mental Health Triage (Peninsula):
1300 792 977

Lifeline: 13 11 14

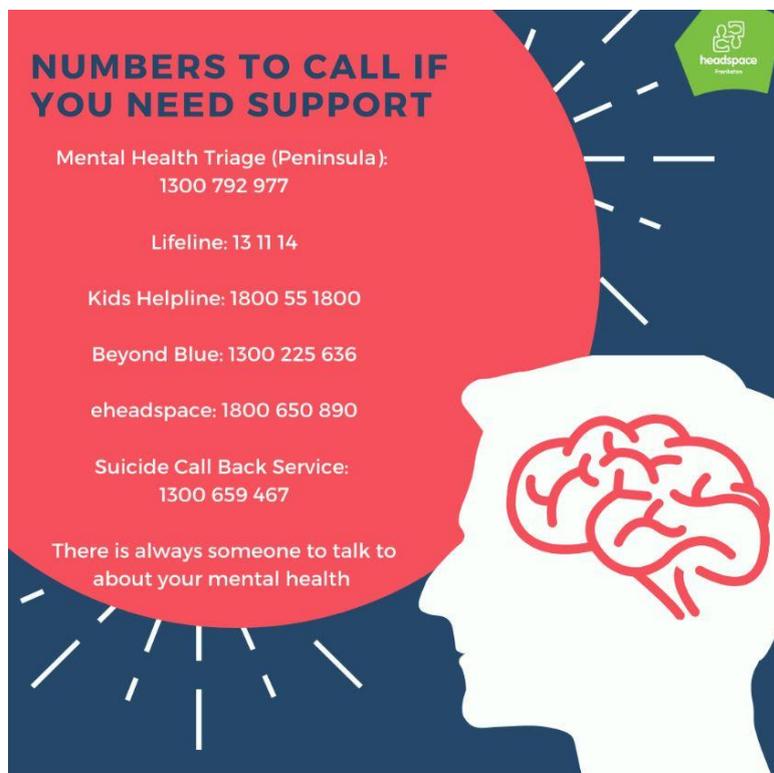
Kids Helpline: 1800 55 1800

Beyond Blue: 1300 225 636

eheadspace: 1800 650 890

Suicide Call Back Service:
1300 659 467

There is always someone to talk to about your mental health



Year 7 2023 applications close 20 August 2021

Join us for Open Morning July 27

www.olsh.vic.edu.au

OLSH girls
can do
anything



Trevor Bowen
Supporting your community

One of the area's most trusted and well-known agents, Trevor Bowen has built a career on local knowledge, local connections and a love of his local area.

A resident of Cheltenham's Golden Triangle for more than 20 years, Trevor has raised a family, become part of the community and built his financial security on the real estate of the area.

So it's no surprise that when he talks to his vendors and their buyers he speaks with real passion ...and real life knowledge.

Trevor Bowen Property Consultant
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Gold Level

COURTESY RESPECT CO-OPERATION RESPONSIBILITY