



## 1.0 Rationale

Our SunSmart Policy for students and staff has been developed to minimise potential skin damage caused by the harmful ultra violet rays of the sun. It is to be implemented throughout the year but with particular emphasis from mid-August to the end of April (when Victoria's UV levels are typically above three).

## 2.0 Goals

- To develop strategies which encourage responsible decision-making about skin protection amongst the school community
- To increase student and community awareness of skin cancer risks
- To encourage appropriate behaviours linked to weather
- To support the Anti-Cancer Council through the SunSmart Program
- To encourage staff and parents to act as role models by practising SunSmart behaviours
- To encourage parents to apply children's sunscreen before leaving for school
- To encourage children to have their own sunscreen
- To work towards increasing the number of sheltered areas and shaded areas in our school ground

## 3.0 Implementation

- All children to wear approved, wide brimmed or Legionnaires' hats from mid-August to end of April when participating in any outdoor activity (eg lunch times, sporting activities, excursions etc)
- Children will be instructed in SunSmart behaviours each year as part of the Health curriculum
- SPF 30+ sunscreen will be available to all and teachers will encourage children to use this cream. Children with skin allergies should provide suitable sunscreen
- Yard duty teachers will be role models and wear their own hats and sunscreen
- School sport will be conducted during the morning in Terms 1 and 4
- Children who do not have the appropriate hat will sit in the shaded area
- Children will be encouraged to use the shaded areas
- Children will be encouraged to play quieter, less active games on hot days
- Regular re-enforcement of SunSmart behaviours in a positive way through newsletters, parent meetings, student and teacher activities
- On days of extreme weather conditions the students will remain indoors

## 4.0 Resources

- Curriculum material from the Anti-Cancer Council
- [www.sunsmart.com.au](http://www.sunsmart.com.au)
- Shade sails, and shaded areas with both trees and shelter

## 5.0 Evaluation

- Review the SunSmart behaviour of students, staff, parents and visitors and make recommendations for improvement



- Assess shade provision and usage and make recommendation for increases in shade provision
- Update and promote curriculum material relevant to SunSmart activities.

## **6.0 End of Document**